

# *Endémicos Insulares, A.C.*

*Para el estudio y conservación de las Islas Mexicanas y las especies que en ellas habitan*

**Tour 5. October 9, 2006**

**Los Tuxtlas**



After a 2-hour drive south of Veracruz City, we will arrive to biodiversity-rich Los Tuxtlas Biosphere Reserve. This day we will be visiting lowland tropical rainforest around the UNAM biological station and montane tropical rainforest in the foothills of the San Martín volcano.



Midday break in Catemaco.

**Target birds:** White Hawk, Tuxtla Quail-Dove, Red-lored Parrot, Long-tailed Sabrewing, Collared Aracari, Scaly-throated Foliage-gleaner, Black-cheeked Woodpecker, Yellowish Flycatcher, Black-throated Shrike-Tanager.